

plateful cafe

BREAKFAST

served all day

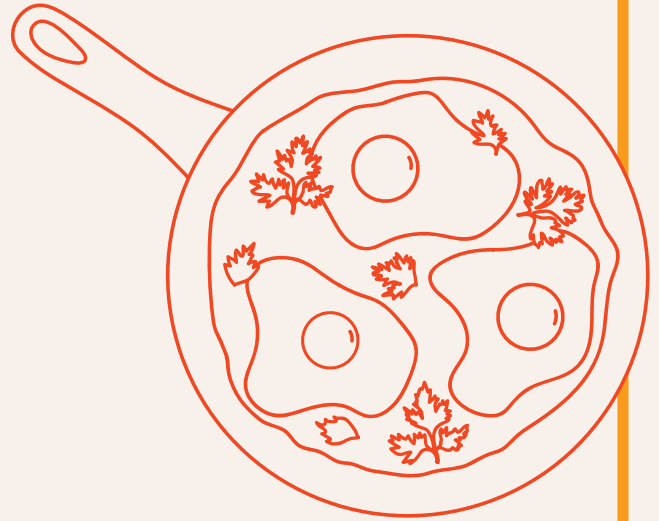
Shakshouka Baked Eggs £5.95

Eggs baked in a tomato chilli sauce served with dipping bread with a side of either mushroom, falafel, or rustic potatoes (£1 extra) and toast (gluten).

Full English Breakfast £6.95

Pork sausages, bacon, fried egg, mushroom, tomatoes and toast (gluten).

BREAKFAST MENU



Veggie English Breakfast £6.95

Veggie sausages, scrambled egg, falafel, toast (gluten), mushrooms and grilled tomato (vegan).

Scrambled Eggs £4.00

Served with toast (gluten) and butter.

Tea and Cake £3.00

Cup of tea with a cake (gluten).

Please ask about allergens.

ABOUT OUR CAFE

The Plateful Cafe is a charity.

Our menu includes dishes from Syria. We will change the menu regularly but still aim to have a selection of meat, vegetarian and vegan options.

Our cooks are still in training. Thanks for your patience and support.

We are a living wage employer.



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DRINKS MENU



COLD DRINKS

Canned Drinks	£1.75
Bottled Juices	£2.50
Water (500ml)	£1.75
<i>Still or Sparkling</i>	



HOT DRINKS

Americano	£2.20
Espresso	£2.00
Double Espresso	£2.40
Cappuccino	£2.50
Latte	£2.50
Flat White	£2.50
Macchiato	£2.50
Breakfast Tea	£2.20
Earl Grey Tea	£2.20
Homemade Yemeni Tea	£2.80
Herbal Tea	£2.40
<i>Lemon & Ginger, Peppermint Tea</i>	
Hot Chocolate	£2.00

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MAINS

Chicken Shawarma £6.95
*Marinated chicken breast, smashed garlic, lemon juice, chilli all wrapped up in a flatbread (gluten).
Served with hummus and salad.*

Syrian Mezze Platter £7.95
*A combination of hummus, falafel, stuffed vine leaves, flatbread (gluten), fatayer (gluten), baba ghanoush (dairy) with a tomato, lettuce and cucumber salad (vegan)
- Perfect to share!*

Mixed vegetable rice with chicken or falafel £7.50
Mixed vegetables with Syrian rice served with either chicken and a side of your choice and/or falafel.

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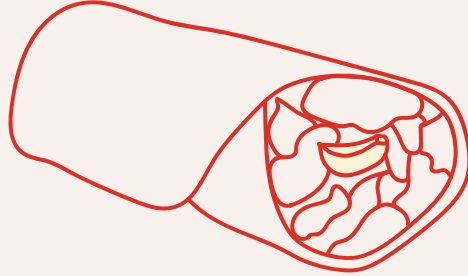
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MENU



Chicken Mandi £7.95
Marinated chicken thighs (lime, red chilli, bay leaves, cloves, yoghurt, onions, mandi spices, ginger) served with seasoned coloured rice topped with either almonds or cashew (nuts).

SIDES

Home cooked rustic potatoes £2.50
Side Salad £2.50
Flatbread (gluten) £2.00
Hummus (sesame seeds) £3.00
Chips £2.50
Fatayer (stuffed pastries) (gluten) £2.00
A stuffed pastry with either spinach, mushroom or potato
Kibbeh (gluten) £3.00
A stuffed pastry with either beef or lamb

Please ask about allergens.

